



Outcomes:

The children will look at past and present pictures of themselves. They will draw observational drawings of themselves and others. They will talk about the different countries they come from. We will talk about our families and friends. We will discuss what is the same and what is different about our families and homes.

The children will learn that they are all very special and unique, that they look, think and learn in different ways. They will be encouraged to talk about their talents, hopes and dreams. Children in Preschool and Nursery will learn about basic feelings, such as happy, angry, sad and scared. In Reception the children will explore more complex feelings, such as frustrated, disappointed, and nervous. We will help the children to learn about various feelings by discussing the different feelings the characters from books may be experiencing and the reasons why.

The children will explore the five senses. They will use their senses to smell, hear, touch, hear and taste. We will talk about healthy food and drinks that help to grow strong teeth and discuss the importance of teeth brushing.

Only One Me Early Years Foundation Stage



Key Vocabulary:

My family: mother, father, sister, brother, grandfather, grandmother, uncle, auntie, cousin, stepmother, stepfather

My body: head, mouth, teeth, shoulders, eyes, ears, nose, arms, hands, legs, feet, fingers, toes

My feelings: happy, sad, worried, angry, excited, anxious, surprised

My senses: sight, smell, taste, touch, hearing

Growing up: baby, toddler, child, adult teenager, older, younger, birthday, past, present, now, before, after

Key Questions:

Why am I special? What do I like? Who is special to me?

What is special about your family? Who is a member of your family?

How did you feel on your first day at school?

What are rules? Can you remember our golden rules?

How can you show kindness to others through actions and words?

How have you changed since you were a baby?

Why is it important to eat healthy food?

Why is it important to brush your teeth?

Can you name different parts of your body?

Our focus books:

**Colour Monster Goes to
School**

There's Only One You

The Rainbow Fish

Let's Learn About Senses

The Dot

Once There Were Giants

Reception Literacy Tree story:

Where the Wild Things are