

PE Curriculum Map overview – Years 1 - 6



	Long Term Curriculum Plan 2024-25					
PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	ELG: Gross Motor Skills. Children at the expected level of development will: ➤ Negotiate space and obstacles safely, with consideration for themselves and others ➤ Demonstrate strength, balance and coordination when playing ➤ Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.					
Reception	Locomotion - Walking	Ball skills - Hands	Gymnastics – High, Low, Over, Under	Dance – Nursery rhymes	Ball skills - Feet	Attack and defence
Year 1	Ball skills – Hands 1	Ball skills – Hands 2	Ball skills – Feet	Attack and defence	Locomotion – Running	Locomotion – Jumping
	Gymnastics – Wide, narrowed, curled	Gymnastics – Body Parts	Dance – The Zoo	Dance – Growing	Team building	Health and wellbeing
Year 2	Ball skills – Hands 1	Ball skills – Hands 2	Ball skills - Feet	Attack and defence (PT)	Locomotion – Jumping	Locomotion - Dodging
	Gymnastics – Pathways	Gymnastics – Linking	Dance – Exploring	Dance – Water	Team building	Health and wellbeing
Year 3	Dance – Weather	Gymnastics – Symmetry + Asymmetry	Outdoor Adventure – Communication and Tactics	Invasion Games – Tag Rugby (PT)	Striking & Fielding - Cricket	Athletics
	Swimming	Swimming	Swimming	Net and Wall - Tennis	Invasion Games – Tag Rugby	Striking & Fielding - Cricket
Year 4/5	Invasion Games – Netball	Invasion Games – Netball	Gymnastics – Balance + Counterbalance	Invasion Games – Tag Rugby (PT)	Dance – The Greeks	Striking & Fielding – Cricket
	Outdoor Adventure – Orienteering	Health Related Exercise – Strength and Cardio	Net and Wall – Tennis	Net and Wall – Tennis	Striking & Fielding – Cricket	Athletics
Year 6	Invasion Games - Basketball	Invasion Games – Basketball	Net and Wall – Badminton	Net and Wall – Badminton	Striking & Fielding – Cricket	Dance – Year 6 show
	Health Related Exercise – Circuits	Dance – Titanic	Gymnastics - Matching and Mirroring	Invasion Games – Tag Rugby (PT)	Invasion Games – Tag rugby	Athletics
	OAA – Sayers Croft					

PT = Project Touchline