

Lunch Menu

Week 1



w/c: 3/11, 24/1, 15/12, 5/1, 26/1, 16/2, 9/3, 30/3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Penne Pasta with Nut free Spinach & Basil Pesto Served with Coleslaw or Peas	Mediterranean Chicken Served with Khobez bread & Roasted Vegetables	Roast Chicken Thigh Served with Crispy Roasties, Broccoli & Gravy	Lamb Jollof Rice Served with a Crunchy Slaw	Golden Fish Fingers Served with Chips & Baked Beans
 Veggie Korma Served with steamed Rice Coleslaw or Peas	Vegetable Tagine Served with Khobez bread & Roasted Vegetables	Carrot & Stuffing Plait Served with Crispy Roasties, Broccoli & Gravy	Sweet Potato & Black Bean Curry Served with Steamed Rice & Crunchy Slaw	Roasted Vegetable Pitta Pockets Served with Chips & Baked Beans 
	Penne Pasta with Homemade Tomato Sauce	Penne Pasta with Homemade Tomato Sauce	Penne Pasta with Homemade Tomato Sauce	
	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	   Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	
Apple Crumble Cake	Jelly & Fruit Slices	Carrot & Cinnamon Cookies	Fruit Salad	Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



w/c: 10/11, 1/12, 22/12, 12/1, 2/2, 23/2, 16/3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac n Cheese with a Crispy Crumb Topping Served with Green Beans	Char Sui Chicken Served with a Noodles & Green Cabbage	Chicken, Sage & Onion Slice Served With Crispy Roasties, Carrots, Sweetcorn & Gravy	Bombay Chicken Biryani Served with Wholegrain Rice & Broccoli	Golden Fish Fingers Served with Chips & Baked Beans
 Vegetable & Bean Chilli Served with Steamed Rice & Green Beans	Chow Mein Noodles Served with Green Cabbage	Crispy Cheese & Lentil Bake Served With Crispy Roasties, Carrots, Sweetcorn & Gravy	Malai Koftas (Paneer) Served with Wholegrain Rice & Broccoli	 Sweet Pot, Leek & Cheese Quiche Served with Chips & Baked Beans
	Penne Pasta with Nut free Spinach and Basil Pesto	Penne Pasta with Homemade Tomato Sauce   	Penne Pasta with Nut free Spinach and Basil Pesto	
	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	
Vanilla Sprinkle Sponge	Watermelon Sticks	Chocolate Wibble Mousse	Fruit Bowls	Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3



w/c: 17/11, 8/12, 29/12, 19/1, 9/2, 2/3, 23/3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Pizza Margherita Served with Paprika Wedges & Coleslaw	Homemade Chicken Sausage Rolls Served with Wedges & Baked Beans	Roast Chicken Thigh Served with Crispy Roasties, Carrots & Sweetcorn	Chicken Tacos Served with Rainbow Rice & Sweetcorn	Golden Fish Fingers (Salmon Or Pollock) Served With Chips & Garden Peas
 Vegetable Supreme Pizza Served with Garlic & Herb Wedges and Coleslaw or Peas	Homemade Cheese & Onion Rolls Served with Wedges & Baked Beans	Cheesy Root Veg Crumble Served with Carrots & Sweetcorn	Eat Curious Tacos Served with Rainbow Rice & Sweetcorn	Vegetable Fingers Served with Chips & Baked Beans 
	Penne Pasta with Nut free Spinach and Basil Pesto	Penne Pasta with Homemade Tomato Sauce   	Penne Pasta with Nut free Spinach and Basil Pesto	
	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	Jacket Potato with Cheese or Baked Beans or Tuna Mayo 	
Orange & Cinnamon Cake	Fruit Bowls	Vanilla Ice Cream Cup	Jelly & Fruit Slices	Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut